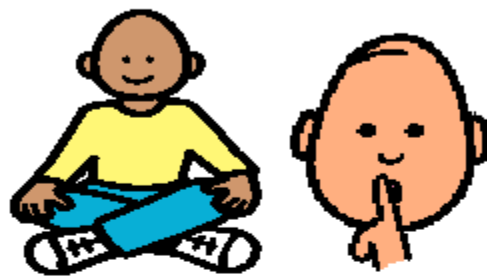


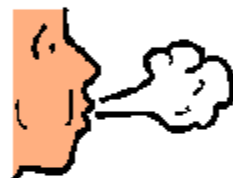
The Calm Corner

In the calm corner I must:

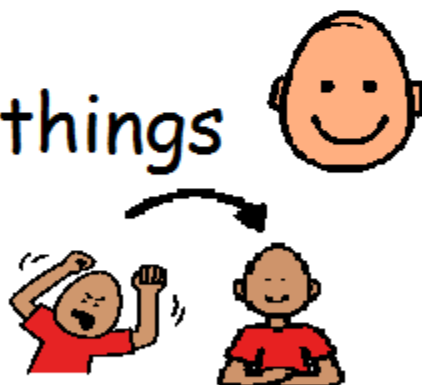
sit quietly



take deep breaths



think of happy things
and calm down



Stay calm

